

Minnesota Allergy & Asthma, LLC
Diplomates - American Board of Allergy & Immunology



Thank you for choosing Minnesota Allergy & Asthma, LLC. Enclosed you will find our patient information brochure and Patient Registration Form. **Please complete the Form and bring it with you to your appointment.** Once you have reviewed the pamphlet, please feel free to contact us if you have any questions.

APPOINTMENT INFORMATION

- ❖ Please arrive 15 minutes prior to your appointment to complete the registration process.
- ❖ Appointment time - Plan on three (3) hours.
- ❖ Wear a short-sleeved shirt in the event allergy testing is performed (bring a long-sleeved shirt/jacket with you).
- ❖ Bring a list of all medications you are currently taking, including prescription and non-prescription (or bring the medications themselves).
- ❖ Bring a copy of previous allergy testing records.
- ❖ Withhold antihistamines 48 hours prior to your appointment (72 hours for Zyrtec). You may continue to take your asthma inhalers, nasal sprays and any other prescription medications.
- ❖ Please do not wear any perfume or other fragrances to your appointment.
- ❖ Children under age 18 must be accompanied by a parent or legal guardian for the entire appointment.
- ❖ Parking is free.

We will submit insurance claims on your behalf. Please bring your insurance card along to your visit. **If your health plan requires a referral from your primary care physician in order to receive care at our office, please make sure the referral has been requested prior to your appointment with us.**

We look forward to meeting you.

Ramarathinam Nagarajan, MD || Kyah Miles, PA-C